



Phone: (250) 339-2625 Fax: (250) 339-1076

Toll Free: 1-866-216-2655

www.valleyhomemeals.com

Calorie Wise Order Form

| | |
|--|--------------------|
| DELIVER ON: | |
| NAME | PHONE |
| ADDRESS | |
| Food Allergies / Special Dietary Needs: | POSTAL CODE |



* To qualify for Combo Pack Pricing simply choose any 15 or more entrees or individual dinners of your choice.

MENU Please enter quantities for the menu items you would like to order:

Small Entrees \$5.75 ea.

- | | Quantity |
|---|----------|
| ♥ 401Y Chicken , Gravy, Brussel Sprouts, Carrots, Mashed Potatoes | _____ |
| ♥ 402Y Roast Pork , Gravy, Peas, Beets & Mashed Potatoes | _____ |
| ♥ 403Y Chicken in Mushroom Sauce , Spinach, Red Cabbage & Mashed Potatoes | _____ |
| ♥ 404Y Salisbury Steak , Gravy, Broccoli, Creamed Corn & Mashed Potatoes | _____ |
| ♥ 405Y Cabbage Rolls , Broccoli, Carrots & Scallop Potatoes | _____ |
| ♥ 407Y Chicken Stuffed with Ham & Swiss Cheese , Beets, Green Beans & Scallop Potatoes | _____ |
| ♥ 408Y Bangers & Mash with Peas and Carrots | _____ |
| ♥ 401G Ham , Spinach, Creamed Corn & Scallop Potatoes | _____ |
| ♥ 402G Chicken a la King , Peas, Carrots & Mashed Potatoes | _____ |
| ♥ 403G Stuffed Green Pepper , Green Beans, Corn & Scallop Potatoes | _____ |
| ♥ 404G Pork Chop in Mushroom Sauce , Broccoli, Beets & Mashed Potatoes | _____ |
| ♥ 405G Roast Beef , Gravy, Green Beans, Carrots & Mashed Potatoes | _____ |
| ♥ 406G Chicken Cacciatore , Broccoli, Carrots & Pasta | _____ |
| ♥ 407G Meatloaf , Brussel Sprouts, Beets & Scallop Potatoes | _____ |