

# Valley Home Meals

Telephone (250) 339-2625 Fax (250) 339-1076 Toll Free 1-866-216-2655

## Gluten Free Menu

### Soups (8oz) \$2.25 ea.

- 101 Potato Leek
- 102 Split Green Pea
- 103 Turkey Vegetable
- 104 Minestrone
- 105 Lentil

### Desserts \$1.50 ea.

- 306 Stewed Rhubarb
- 307 Pear Slices
- 308 Peach Slices

### Gluten Free Small Entrees \$6.00 ea.

- ♥ 1-401SGF Turkey, Brussel Sprouts, Carrots, Mashed Potatoes 😊
- ♥ 1-402SGF Roast Pork, Peas, Beets & Mashed Potatoes 😊
- ♥ 1-403SGF Chicken, Spinach, Red Cabbage & Mashed Potatoes 😊
- ♥ 1-405SGF Cabbage Rolls, Broccoli, Carrots & Mashed Potatoes
- ♥ 1-407SGF Chicken Stuffed with Ham and Swiss Cheese,  
Beets, Green Beans & Mashed Potatoes
- 2-401SGF Ham, Spinach, Corn & Mashed Potatoes
- ♥ 2-402SGF Chicken, Peas, Carrots & Mashed Potatoes 😊
- ♥ 2-403SGF Stuffed Green Pepper, Green Beans, Corn & Mashed Potatoes
- ♥ 2-405SGF Roast Beef, Green Beans, Carrots & Mashed Potatoes 😊

### Gluten Free Full-Sized Entrees \$8.20 ea.

- ♥ 1-401GF
- ♥ 1-402GF
- ♥ 1-403GF
- ♥ 1-405GF
- ♥ 1-407GF
- 2-401GF
- ♥ 2-402GF
- ♥ 2-403GF
- ♥ 2-405GF

Vegetable substitutions will be an extra \$1.00

😊 WITH CHOICE OF STOCK OR GLUTEN FREE GRAVY

### Gluten Free Individual Dinners \$5.00 ea.

- 505G Eggs, Hashbrowns & Bacon
- 506G Chili Con Carne