



Phone: (250) 339-2625 Fax: (250) 339-1076

Toll Free: 1-866-216-2655

www.valleyhomemeals.com

Order Form

DELIVER ON:	
NAME	PHONE
ADDRESS, please include City/Town	
Food Allergies / Special Dietary Needs:	POSTAL CODE

MENU Please enter quantities for the menu items you would like to order:

Legend:

♥ **Low in fat, sodium and cholesterol.** ☒ **Gluten Free** ✓ **Vegetarian** ✓ **Vegan**

Soups \$3.75 ea.	Quantity	Desserts \$1.95 ea.	Quantity
☒ Corn Chowder ✓	_____	Chocolate brownie with Chocolate Fudge Frosting	_____
☒ Cream of Broccoli ✓	_____	Fruit & Berry Crip	_____
☒ Split Green Pea ✓	_____	Carrot Cake with cream cheese frosting	_____
☒ Chicken Vegetable	_____	Date & Prune Matrimonial Cake	_____
☒ Minestrone ✓	_____	Pineapple Upside-Down Cake	_____
☒ Lentil ✓	_____	Desserts \$1.75 ea.	Quantity
		Bran Muffins	_____
		☒ Stewed Rhubarb	_____
		☒ Pear Slices	_____
		☒ Peach Slices	_____



To qualify for Combo Pack Pricing
 simply choose any 15 or more entrees
 or individual dinners of your choice.

	Regular Entrees \$6.95 ea.	Large Entrees \$8.95 ea.
	Quantity	Quantity
  Roast Chicken , Gravy, Cranberry Sauce, Brussels Sprouts, Carrots, Mashed Potatoes	_____	_____
  Roast Pork , Gravy, Peas, Beets & Mashed Potatoes	_____	_____
 Chicken , Mushroom Sauce, Spinach, Braised Red Cabbage & Mashed Potatoes	_____	_____
 Salisbury Steak , Gravy, Broccoli, Creamed Corn & Mashed Potatoes	_____	_____
 Cabbage Rolls , Broccoli, Carrots & Scalloped Potatoes	_____	_____
 Shrimp in Tarragon Lemon Cream Sauce , Peas, Carrots & Brown Rice	_____	_____
 Swedish Meatballs , Sour Cream Gravy, Mashed Carrot & Rutabaga, Peas, Raspberry Jelly & Egg Noodles	_____	_____
 Bangers & Mash , Peas & Carrots	_____	_____
 Asian Meatballs , Summer Vegetable Medley & Brown Rice	_____	_____
 Ham , Spinach, Creamed Corn & Scalloped Potatoes	_____	_____
 Chicken a la King , Peas, Carrots & Mashed Potatoes	_____	_____
 Stuffed Green Pepper , Green Beans, Kernel Corn & Scalloped Potatoes	_____	_____
 Pork Chop , Mushroom Sauce, Broccoli, Beets & Mashed Potatoes	_____	_____
  Braised Beef , Gravy, Green Beans, Carrots & Mashed Potatoes	_____	_____
  Chicken Cacciatore , Broccoli, Carrots & Brown Rice	_____	_____
 Meatloaf , Mashed Carrots & Rutabaga, Peas & Scalloped Potatoes	_____	_____
 Curried Chicken Mango Chutney, Summer Vegetable Medley & Brown Rice	_____	_____
 BBQ Chicken , Squash, Green Beans & Brown Rice	_____	_____
 Wild Salmon , Dill Sauce, Carrots, Green Beans & Brown Rice	_____	_____

Individual Dinners \$6.50 ea.

	Quantity
🍴 Beef Stew	_____
Macaroni & Cheese \$6.00 V	_____
Lasagna	_____
Tuna Noodle Casserole	_____
Beef Pot Pie	_____
Shepherd's Pie	_____
Quiche with Cheese & Broccoli V	_____
Spaghetti & Meat Sauce	_____
Chicken Pot Pie	_____
🍴 Chili Con Carne	_____
🍴 Three Bean Chili Vg	_____

Vegetable Substitutions: \$1.50 extra
Please list any substitutions below: