



Phone: (250) 339-2625 Fax: (250) 339-1076

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www.valleyhomemeals.com

Order Form

DELIVER ON:	
NAME	PHONE
ADDRESS, please include City/Town	
Food Allergies / Special Dietary Needs:	POSTAL CODE

MENU Please enter quantities for the menu items you would like to order:

Legend:

♥ Low in fat, sodium and cholesterol. ☒ Gluten Free ✓ Vegetarian ✓g Vegan

Soups \$4.65 ea.	Quantity	Desserts \$2.65 ea.	Quantity
☒ Corn Chowder ✓	_____	Chocolate brownie with Chocolate Fudge Frosting	_____
☒ Cream of Broccoli ✓	_____	Fruit & Berry Crip	_____
☒ Split Green Pea ✓g	_____	Carrot Cake with cream cheese frosting	_____
☒ Chicken Vegetable	_____	Date & Prune	_____
	_____	Matrimonial Cake	_____
	_____	Pineapple Upside-	_____
☒ Minestrone ✓g	_____	Down Cake	_____

🍷 Lentil^{Vg}



Desserts \$1.95 ea.

Quantity

- Bran Muffins \$2.00 _____
- 🍷 Stewed Rhubarb \$2.25 _____
- 🍷 Pear Slices \$2.25 _____
- 🍷 Peach Slices \$2.25 _____

To qualify for Combo Pack Pricing simply choose any 15 or more entrees or individual dinners of your choice.

Regular Entrees
\$10.85ea.
Quantity

Large Entrees
\$13.35 ea.
Quantity

- 🍷🍷 **Roast Chicken**, Gravy, Cranberry Sauce, Brussels Sprouts, Carrots, Mashed Potatoes 🍷❤
- Roast Pork**, Gravy, Peas, Beets & Mashed Potatoes
- ❤ **Chicken**, Mushroom Sauce, Spinach, Braised Red Cabbage & Mashed Potatoes
- ❤ **Salisbury Steak**, Gravy, Broccoli, Creamed Corn & Mashed Potatoes
- 🍷 **Cabbage Rolls**, Broccoli, Carrots & Scalloped Potatoes
- 🍷 **Shrimp in Tarragon Lemon Cream Sauce**, Peas, Carrots & Brown Rice
- Swedish Meatballs**, Sour Cream Gravy, Mashed Carrot & Rutabaga, Peas, Raspberry Jelly & Egg Noodles
- 🍷 **Bangers & Mash**, Peas & Carrots
- Asian Meatballs**, Summer Vegetable Medley & Brown Rice
- 🍷 **Ham**, Spinach, Creamed Corn & Scalloped Potatoes
- 🍷 **Chicken a la King**, Peas, Carrots & Mashed Potatoes
- 🍷 **Stuffed Green Pepper**, Green Beans, Kernel Corn & Scalloped Potatoes
- 🍷 **Pork Chop**, Mushroom Sauce, Broccoli, Beets & Mashed Potatoes
- 🍷🍷 **Braised Beef**, Gravy, Green Beans, Carrots & Mashed Potatoes
- 🍷🍷 **Chicken Cacciatore**, Broccoli, Carrots & Brown

Rice	_____	_____
♥ Meatloaf , Mashed Carrots & Rutabaga, Peas & Scalloped Potatoes	_____	_____
🍷 Curried Chicken Mango Chutney, Summer Vegetable Medley & Brown Rice	_____	_____
🍷 BBQ Chicken , Squash, Green Beans & Brown Rice	_____	_____
🍷 Wild Salmon , Dill Sauce, Carrots, Green Beans & Brown Rice	_____	_____

Individual Dinners \$9.55 ea.

	Quantity
🍷 Beef Stew	_____
Macaroni & Cheese \$7.45 V	_____
Lasagna	_____
Tuna Noodle Casserole	_____
Beef Pot Pie \$ 7.95	_____
Shepherd's Pie	_____
Quiche with Cheese & Broccoli V \$7.95	_____
Spaghetti & Meat Sauce	_____
Chicken Pot Pie \$7.95	_____
Chili Con 🍷 Chili Con Carne	_____
Three 🍷 Three Bean Chili Vg	_____

Vegetable Substitutions: \$1.50 extra Please list any substitutions below:

15/10/2023 updated on